

Winter 2019

Dec-Feb

Jack Chiang, DDS, MAGD, FICOI
Cosmetic Dentistry, Implants,
Orthodontics

840 SE Bishop Blvd., Suite 204

Pullman, WA 99163

www.pullmanfamilydentistry.com

Office Closures:

December 24th: Christmas Eve

December 25th: Christmas Day

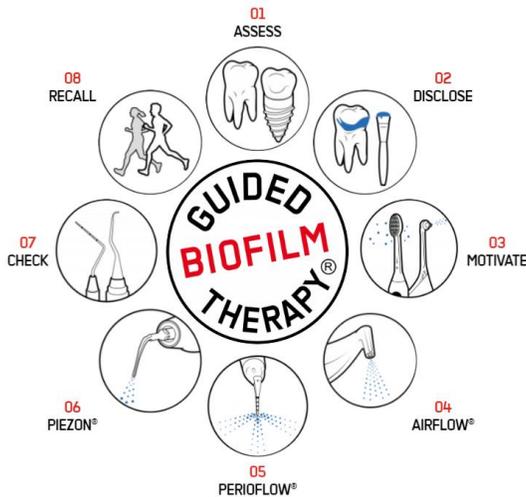
January 1st: New Year's Day

January 22nd-27th: Continued Education

February 27th- March 3rd: Continued Education



Happy
Holidays!



GUIDED BIOFILM THERAPY (GBT)

What is biofilm? Biofilm is used to describe any thin, structurally organized, community of bacteria that coats and adheres to a surface.

How does biofilm affect our teeth? Dental plaque refers to the biofilm that forms on our teeth. The combination of certain types of bacteria in plaque, along with our saliva, can create the perfect environment to foster cavities and periodontal disease. If these are left untreated, it can contribute to increased risk of cardiovascular and respiratory disease, arthritis, or diabetes. Diet, medications, and our oral hygiene practices can all have an effect on dental biofilm. Thankfully, proper oral hygiene combined with routine dental check-ups helps to keep dental biofilm under control.

What is Guided Biofilm Therapy? Guided Biofilm Therapy is a systematic approach to managing the formation of dental biofilm based on each individual's diagnosis and risk assessment. Depending on a patient's specific needs, the dentist may use state of the art technologies such as AIRFLOW®, PERIOFLOW® and PIEZON® to complete a professional cleaning. Patients are educated about proper oral hygiene, including the use of *Philips Sonicare* toothbrushes and *Airfloss* if necessary. With the right tools and motivation, patients are able to maintain natural teeth and implants for as long as possible.

When Dr. Chiang is away...

Please note that when Dr. Chiang is out of the office, his cell phone number, or contact information for one of our staff members, will be listed in the message on our answering machine. If you are experiencing a dental emergency and need immediate assistance, please call your regular physician or Pullman Hospital Urgent Care at (509) 336-7365.

Dr. Chiang's Continued Education Courses:

Jan 22nd-27th: *Periodontal Regeneration of Furcation and Hopeless Teeth, with Dr. Cortellini & Prof. Tonetti;* Florence, Italy.

Feb 27th-Mar 3rd: *Prevention and Treatment of Soft and Hard Tissue Defects, EFP Perio Master Clinic;* Hong Kong, China.